

Letters to the Editor ...

Diet Soda Aspartame Dangers

Dear Editor: I have been ill with unexplained seizures since 6/99. My seizures are not convulsive but, rather, I suffer serious dizziness and vertigo sometimes for hours at a time. The neurologist is baffled, as none of my symptoms is classic for "seizure" or for "migraines".

Firstly, the doctors attributed it to a hormonal imbalance after a miscarriage in 6/99. Then they even wanted to label me as having "panic attacks". Being the patient from hell, I refused the panic attack angle and said, "There is something seriously wrong—so start looking elsewhere, pal!"

We decided to try an antiseizure medication, and my episodes seemed to lessen in frequency. Coincidence, or was the seizure diagnosis wrong in the first place?

I decided to do some more research myself, and realised even the first "petit mal-like seizure" occurred after ingesting multiple daily servings of diet soda. Whenever I would have a "break-through" seizure on the meds, in reflection it was after consumption of multiple diet sodas. My curiosity wondered if it was caffeine or the artificial sweetener.

When reading your article "The Bitter Truth about Artificial Sweeteners" [NEXUS 2/28, 3/01 or website], I wanted to throw up! I began to shake at the simplicity of everything that's been happening to me. This seemed to explain the "unexplainable, non-classic" symptoms the doctors were all baffled with. Didn't they read about this in med school or in their continuing education seminars?

Thank you, thank you, thank you...! This patient from hell is now taking things into her own hands. I have already discontinued drinking my much-loved diet sodas (as they were also causing daily heartburn) and am drinking more water and juices from frozen concentrate. In less than three days, I am already feeling immensely better. I'm going to continue with this, as well as scrutinise other things in my dietary intake. I can't believe the answer could possibly be this simple. I do understand I may be wrong, but cutting this out isn't going to hurt me. I will continue with my

antiseizure med for a while longer, just in case I'm off the mark. The antiseizure med has left me with shaky, weak hands, still some dizziness and unable to work on patients. I am very anxious to discontinue it, instead of increasing the dosage when I have a seizure. (I am a dental hygienist, now doing office administration.) My memory and concentration abilities have been affected.

After reading your article, I have no doubt that my symptoms will improve dramatically. I would like to sue the pants off the FDA for allowing this to be marketed without warning labels. I'd have liked to have had the choice of putting my health and career in jeopardy. Thank you again for your very insightful article. You have put the light on at the end of my very long, frustrating tunnel!

Sincerely, K. Quigley, Maine, USA, kdzsquigley@aol.com

Conspiracy of Science?

In NEXUS 8/01 there is an interesting article, titled "Introduction to Applied Aether Energy Science", by Dr Robert Adams. The article is not easy to read, but I got the idea that Dr Adams was forced to give up any attempt to describe his ideas by the use of conventional, highly recondite mathematics, as required by modern theoretical scientists, particularly theoretical physicists.

Finally resorting to his own empirical findings, Dr Adams was able to invent his Adams Thermomotor-Generator, which can only be explained, he says, by the use of Tesla technology ("the skin effect"). In other words, according to Dr Adams, "one must eliminate the notion that electrons are the working gremlins of electrostatic energies". Cheers to Dr Adams. Someone finally has the guts to come out and say in print (thanks to NEXUS New Times) that modern theoretical physics has more holes in it than my screen door.

In my many attempts to find a professional physicist who might be interested in reading my alternative theories about the structure and behaviour of atoms, I got rejection after rejection from university professors who would not even take the time to look at my work. One professor responded in

a telephone conversation: "We get a lot of calls and mail from people who claim to have a new theory. Who do you think you are to question the experts, and why do you think there is a need to question quantum mechanics?"

One answered in a letter that he also had some reservations about quantum mechanics, but that he simply did not have the time to read my manuscript. Another responded that he did not have the time to read my manuscript and that he did not think that current physics needed any revisions, even though "there are obviously open problems". Still another said: "No one has time to examine new theories. They are all too busy writing grant proposals." Then he offered a quote, saying: "For every crackpot who turns out to be a genius, there are a thousand crackpots who will forever remain crackpots."

What they are saying to me might very well be true, but how can they know whether or not my theories are worthless unless they take a moment of their busy time to read my work? I would like to know if any of your readers has also experienced this problem and if anyone else thinks that there might be a professional conspiracy to keep outsiders outside.

Sincerely, Cecil Ross [author of *Logical Physics*, ISBN 0-9649888-1-X], Austin, Texas, USA, jross7@austin.rr.com

Homing in on Hormones

Dear Duncan: It has been almost two years since I departed Australia for the US to continue my lecture tour for my book, *Hormone Heresy*. Here's an update on my progress this year.

Hormone Heresy became a best-selling book in Canada and is in its second printing. It has also been translated into Italian. (Unfortunately, it is presently out of print in Australia.) I have been traversing North America as a popular keynote speaker as well as radio and TV guest, lecturing about the many myths and dangers of hormone treatments for women. It's been quite an exciting time.

More than ever, my message is vital—as the natural cycles of all women continue to be medicalised and pathologised. For instance, PMS is now labelled a medical

condition to be treated with Prozac, and women's menstrual cycles are deemed dangerous and unnecessary (*Time*, September 18, 2000). The cure is simple: just use a continuous low-dose Pill and reduce menstruation to only three or four times a year!

I can be contacted via golight@earthlink.net or www.ssellman.com, or at PO Box 690416, Tulsa, OK 74169, USA.

Best wishes, Sherrill Sellman

Whooping Cough Cover-up

I would like to reply to Donna who is concerned about her son contracting whooping cough.

My two-year-old daughter contracted whooping cough from a child I was babysitting at the time. This other girl, Lindsey, had just recently been vaccinated for whooping cough. In addition, Justine, my cousin's child, about four years of age, had also been vaccinated shortly before she contracted whooping cough. Lindsey and Justine do not know each other and contracted whooping cough from their respective vaccines.

My daughter, who has never been vaccinated, had a milder case and recovered sooner than either of the other girls. Both other girls were on antibiotics (several different types), which did not help at all. That tells me several things:

1) The vaccine does *not* protect your child.

2) Your child's natural immunity is better able to fight off the disease without antibiotics.

3) The milder, shorter version of whooping cough, which my daughter had, was preferable to the longer, harsher cases the other girls had.

4) Had I taken my child to the doctor (which I did not), she most likely would have been diagnosed as having "whooping cough" because she was not vaccinated. The other girls were officially diagnosed as having "croup", since they had been vaccinated. Just another way to cover up actual statistics, and fool the average person into believing that vaccines are safe.

By the way, when my two-year-old had whooping cough, her three-week-old sister never contracted it. There is a lot to be said for breastfeeding and the natural

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NB: Please keep letters to approx. 200 to 250 words in length. Ed.

immunity it gives. I believe that my second daughter has a lifetime immunity to whooping cough now, because of her exposure as an infant.

Sincerely, Tammy Mokma,
tmokma@juno.com (via
AVN@egroups.com)

Jehovah's Witnesses Spying

Duncan: Where do I start—apart from giving well-deserved praise for your nuggets of info in NEXUS? The varieties of subjects covered in your magazine are so thought-provoking, I never know which article to read first.

Here is my situation. For 18 years I was raised as a Jehovah's Witness and my family was a focal point in the southern England JW family. I was destined to follow my brothers' footsteps to missionaryhood...but I saw things going on that really made my hair stand on end.

It was almost like the JW's had their own covert ops. The 10-12 elders in each congregation actually carry out surveillance, catching out their own and others' spouses/partners in unbiblical actions. My father actually carried out some of these "snoops", as we call them (let me just add that they don't just knock on doors).

So I left this hub and went into a big, unknown, unexplained, scary world (I was taught at home and was in a total bubble for 18 years). After several years of letting my young wild heart and body loose on this "world", I was introduced to two friends of yours, one a Reiki master, and then your magazine came into my life...

What is beautiful about your mag is the non-commercialism of it (the black & white adds to this effect); it's down to Earth and not just full of the usual W.H. Smith magazine crap. For instance, the Promis article in 8/01: out of the blue to me, but now indelibly marked on my mind...

I'd just like to say thank you. You have touched my life, and now a lot of my young friends are ordering NEXUS from their local store as it has become top reading material in my house.

Thanks again, and lie low but shout loud!

Simon S., gingerninja@excite.com

Garlic is Bad for You!

First, I'd like to compliment you on your excellent publication. I've read most of your magazine articles and have supported many of your advertisers.

What I'd like to bring to your attention is an excerpt from an audiocassette tape which I received from Sota Instruments, Canada, when I ordered a "Magnetic Pulsar" from them. The reason I'd like you to follow up on this information is this: I have scoured the Internet for more information on the hazards of garlic and have come up with *nothing!* What I've done for you is transcribe (to the best of my ability) about four minutes of Bob Beck speaking about his research and findings on the subject of garlic and how bad it is for you.

My friends and I have given up garlic since we heard this tape a couple of years ago. I think this information is extremely valuable and that your magazine is the ideal forum. It is controversial, but very similar to the information you have presented on microwaved food, margarine, soy products, etc.

Sincerely, Len Fuller,
Washington, USA, gfps@sunshinecable.com

[Dear Len: Intriguing, especially given the respect that Dr Bob Beck holds. We have put your transcript into this issue's Global News, and I'll be most interested in feedback from readers. Ed.]

Weather Control over Serbia?

During the NATO military operations in Serbia in 1998, witnesses reported weird phenomena.

Weather during the last and the worst bombing campaign around Serbia was very strange. Huge black clouds materialised out of the blue sky, and stayed there until the end of the campaign, which was a couple of weeks. There was no rain falling from the clouds. What did fall on Belgrade was hailstone the size of eggs. You can still see the marks it left on houses.

During that time, witnesses describe strange "lightning" in the sky which lasted for hours but didn't look like anything anybody had seen before. The "thunder" that accompanied the strange "lightning" was equally strange. It

was hundreds of times stronger than any thunder anybody remembers. It was so loud, louder than the sound of bomb explosions. A couple of days before the capitulation of the Serbian Army was signed, a very strong earthquake struck Belgrade.

The weather cleared very soon after the bombing campaign was over. Since then, the climate in Serbia has changed considerably.

Serbia has experienced one of the worst droughts in its history. For the last two years, it's looked as if the rain and snow have been missing Serbia on purpose. Everywhere else around Serbia, the climate is still the same as it ever was. So we cannot talk about global warming or natural climatic changes, because the neighbouring countries to the west, east, north and south are not affected.

Last year, Serbia had eight months without a drop of rain. This continues even as we speak, as Serbia didn't get any snow this year. Even worse, the temperature at the moment is 19°C [66.2°F].

Last week [the first week of January], scientists in Serbia released a report which states that the electromagnetic field over Serbia has been punctured. The hole is almost the size of Serbia. It starts at the border between Kosovo and Albania in the south, and ends near the Yugoslav-Hungarian border in the north.

The reason for conducting the measuring was the strange behaviour of the cloud masses which twice a year come to the Balkans from Libya. Normally they would unload their cargo of water over the Balkans. In the last two years, however, they have hit the southern border of Kosovo and—as a river current flows around an island—the cloud masses have split and completely missed the Serbian territory, leaving an empty hole visible in the satellite pictures.

The first time the scientists noticed this phenomenon was on 28 December 2000. The cloud masses divided into a stronger eastern and weaker western stream and went around the Serbian territory. The same happened on 31 December, when the rain which would usually fall on Serbia went east and caused over 200 ml of rain per square metre to fall on the territories east of Kosovo.

All of this is about to cause possibly the worst drought ever to hit Serbia, and potentially a famine, as the crops will be destroyed if rain or snow doesn't fall in Serbia soon.

Could somebody help me find out if there was anything unusual happening in the electromagnetic world during the final days of the bombing of Serbia, which was in the [northern] summer of 1999? Also, does anybody have any indication that anything unusual happened with the Earth's electromagnetic field on 28 or 31 December 2000?

Yours, Goran Pavlovic, goranpavlovic@eircom.net

Crop Circles & US Military?

Hello, Duncan: The crop circle photos in 7/06 are certainly thought-provoking, and the crop patterns unable to be done by any ground-bound human, much less in the short time they take to become apparent.

Discounting the attempts at communication by the inhabitants of the UFO phenomenon, it seems to me that a human agency based in the United States is the probable origin. We know that the USA has had many orbital launch missions concealed by a military secrecy ban in the past, and it would be quite easy for a bored ground station operator to use a series of paper-based geometric patterns in his transmitter to the stationary satellite above Europe and, with the particle beam type of weapon up there, turned to lower power and focused on the fields of England and Europe, it would be quite an easy thing to level crops in the fields.

Previous articles in NEXUS, in connection with the levelling of the government building in [Oklahoma City] not too many years ago, pointed the way to the use then of a type of particle beam used to shatter the building under the guise of an ammonium nitrate utility load being detonated by an ex-soldier of the army.

The continuing pattern of a circular layout, not square or rectangular, indicates a satellite transmitter with a circular beam, much like a domestic torch.

Keep up the good work.

Neil Hart, Queensland, Australia